



The Illinois Shockwave Mission:

- Demonstrate a team-first philosophy
- Play softball with passion
- Respect the game, your team and your opponents
- Learn every day with a focus on continuous improvement
- Prepare for success on the diamond in high school and college

Highlights of the 2015/2016 season:

- Illinois Shockwave 12U finished with a record of 59-22-1
 - Tournament finishes:
 - NSA Summer Kick Off: 1st Place
 - Evanston Express Memorial Day tournament: 2nd Place
 - Thunderbolt Classic: 1st Place
 - Trevian Tournament: 2nd Place
 - Palatine Summer Showdown: 2nd Place
 - ASA B Metro Tournament: 2nd Place
 - Finished 5th NSA "B" Northern World Series
- Illinois Shockwave 14U finished with a record of 35-12
 - Tournament finishes:
 - Evanston Express Memorial Day tournament: 1st Place
 - Homestead Restaurant Classic 14u Class A/B: 1st Place
 - Thunderbolt Classic: 2nd Place
 - Finished 3rd NSA "A" Northern World Series

Practice/Tournament Schedule

- Fall 2016
 - 1-2 practices per week
 - 3 tournaments
- Winter 2016/2017
 - 1-2 practices per week
 - 1 conditioning/strength training session per week
- Summer 2017
 - 2 practices per week with some mid-week games included
 - 7-8 tournaments
 - Nationals



Fees & Fundraising

The fee for 2016-2017 season is \$1,600, which is nonrefundable, plus uniform costs of approximately \$350. \$800 will be due upon acceptance of a roster spot.

There will be opportunities throughout the season for players and families to seek sponsors and participate in fundraisers to help offset player costs. 20% of the money raised by a family/player will be credited towards the player's fees.

Here are some of the items the fee covers; however, this list is not comprehensive:

- Indoor Training facility
- Field rental
- Umpire Fees
- Tournament Fees
- Insurance
- ASA/NSA/USSSA/PGF roster fees
- Team Equipment
- Coaches' salaries

Coach Amanda Howell Bio



Coach Amanda played baseball for 2 years and then was a starter on travel fastpitch softball teams at 10U to 14U, and 18U with the Trevians. She played at 14U and 16U for the Bull/Sox Academy. On these travel teams she honed her skills as a pitcher, infielder, outfielder, and hitter. Her teams competed at the highest levels and qualified and attended ASA nationals at 12U, 14U, and 16U, and also qualified for berths at USSA and PGF nationals at these levels.

Coach Amanda graduated from New Trier High School in 2015. As a freshman she was a starter on the JV as a pitcher and outfield. She was a three year starting varsity player, at 2nd base and outfield. She earned All Conference honors, Offensive Player of the Year, Coaches Award, First Team All Region, and Second Team All State. While at New Trier she was also nominated to the student athletic leadership training program.

She is now entering her sophomore year Denison University. As a freshman she started at third base and lead the team in doubles and RBIs. She was awarded North Coast Athletic Conference second team, as well as Second Team National Fastpitch Coaches Association All Central Region.

Amanda has experience in working with players on hitting and skills development in clinics and coached a 12U fastpitch team in 2016.