



The Illinois Shockwave Mission:

- Demonstrate a team-first philosophy
- Play softball with passion
- Respect the game, your team and your opponents
- Learn every day with a focus on continuous improvement
- Prepare for success on the diamond in high school and college

Highlights of the 2015/2016 season:

- Illinois Shockwave 14U finished with a record of 35-12
- Tournament finishes:
 - Evanston Express Memorial Day tournament: 1st Place
 - Homestead Restaurant Classic 14u Class A/B: 1st Place
 - Thunderbolt Classic: 2nd Place
- Finished 3rd NSA "A" Northern World Series

Practice/Tournament Schedule

- Fall 2016
 - 1-2 practices per week
 - 3 tournaments/showcases
- Winter 2016/2017
 - 1-2 practices per week
 - 1 conditioning/strength training session per week
- Summer 2017
 - 2 practices per week with some mid-week games included
 - Colorado Sparkler
 - 5-6 tournaments/showcases (mainly PGF exposure and ASA)

Fees & Fundraising

The fee for 2016-2017 season is \$1,600, which is nonrefundable, plus uniform costs of approximately \$350. \$800 will be due upon acceptance of a roster spot.

There will be opportunities throughout the season for players and families to seek sponsors and participate in fundraisers to help offset player costs. 20% of the money raised by a family/player will be credited towards the player's fees.

Here are some of the items the fee covers; however, this list is not comprehensive:

- Indoor Training facility
- Field rental
- Umpire Fees
- Tournament Fees
- Insurance
- ASA/NSA/USSSA/PGF roster fees
- Team Equipment
- Coaches' salaries



Coach Christine Christopoulos Bio



Coach Christine graduated from local New Trier HS in Winnetka in 2006 after transferring from Niles North HS. As a four-year varsity captain, she earned both Most Valuable Player and Offensive & Defensive Player of the Year Awards while leading her New Trier team to a 4th place finish in the 2006 IHSA State Playoffs.

Christine went on to play at the **University of Illinois**. At Illinois, she was nominated for the Illinois Female Spirit Award that is given to the athlete that has shown the most heart and passion both on and off the field. She was also a Senior 100 Honorary in 2010, where she was recognized as one of the Top 100 Seniors at the U of I Campus for outstanding accomplishments in leadership, academics and campus involvement throughout her undergraduate career.

Christine has been coaching softball for the past 8 years with the Illinois Shockwave, Trevian Girls Softball Association (ages 12U through 16U), New Trier High School (2011 and 2012) and as a private pitching, hitting, and fielding instructor in the North Shore. Over 25 of her former players and students have competed at the collegiate level. Additionally, she is experienced in personal training and strength and conditioning.

Christine earned her Masters in Sports Administration from Northwestern University and is currently working for the Chicago Bears in the Corporate Partnerships department.